

A, B, Sea

- Basic Skills For The Fishing Industry



Coiste Gairmoideachais Chontae na Gaillimhe
(County Galway Vocational Education Committee)

West Galway Adult Learning Centre
An Fuarán,
Maigh Cuilinn,
Co. na Gaillimhe

A, B, Sea

- Basic Skills For The Fishing Industry

Audrey Byrne & Teresa Gilligan

West Galway Adult Learning Centre

First Edition 2011

County Galway Vocational Education Committee

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An Fuarán

Maigh Cuilinn

Co. na Gaillimhe

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Introduction

This resource book was developed following extensive research into the specific educational needs of the fishing community. West Galway Adult Learning Centre secured funding for this research through the NALA/EBS Adult and Continuing Education Awards (ACE Awards). The AB-Sea research is available to download from the NALA website.

The material in this resource book is all related to fishing and has been specifically selected to support learners who are working in the fishing industry or have an interest in fishing as a leisure activity. This book aims to raise participants' level of literacy and numeracy while simultaneously promoting an awareness of the value of basic skills within the fishing industry.

We hope that this resource book will provide support for learners in gaining confidence and skills on their learning journey.

Acknowledgements

We would like to express our thanks to all who contributed to this project:

- Adult students who generated ideas for this book
- Treasa Dundass for sharing her knowledge, skills and ideas for worksheets
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Audrey Byrne and Teresa Gilligan

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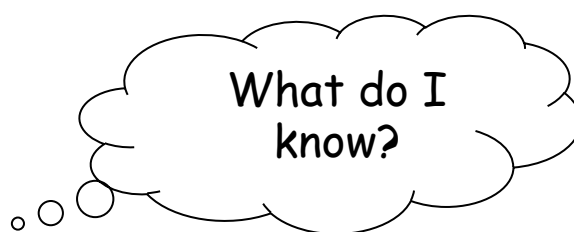
Section 1

Setting Learning Goals

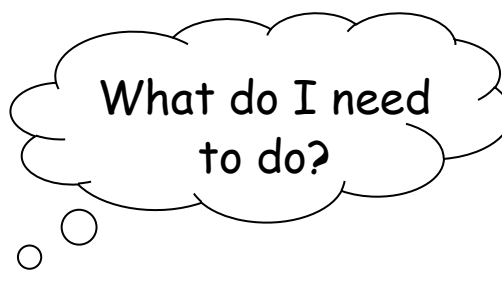


Learning Plan

You already have many skills that you have learned throughout your life. Write down a list of things you can already do:



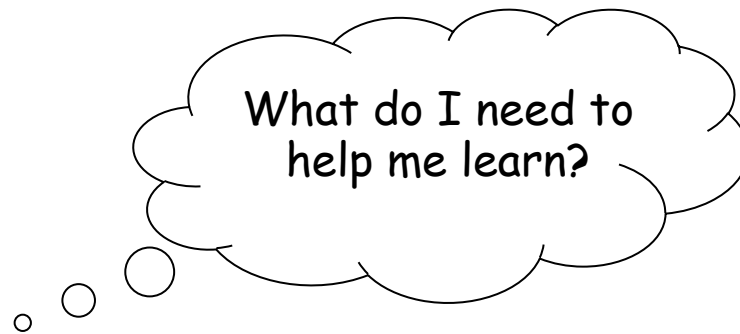
e.g. fishing, net mending, driving a car, etc



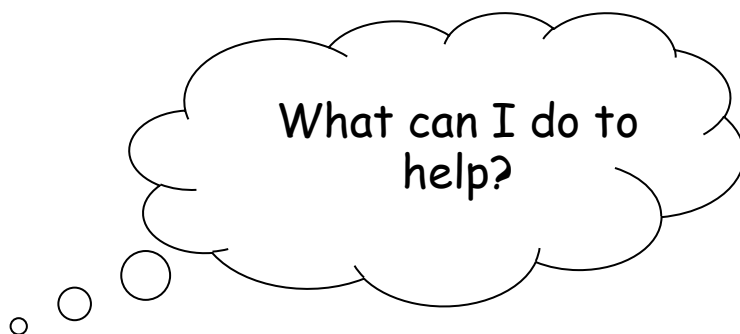
Write a list of things that you would like to be able to do:

e.g, filling out forms, read the small ads, taking notes at a B.I.M. meeting, etc.

Learning Plan



Make a list of things that you may need to help you learn:



Write down a few things that you can do to help yourself learn:

Looking Back

It is always useful to check how we are doing. Looking back helps us to see how we have progressed. It also helps us to find out what our strengths and 'soft-spots' are, and to plan new learning goals.

Look back over the learning plan that you filled in at the beginning of the course and answer the following questions:

1. The things that I am able to do that I was not so good at before are: _____

2. What helped me to learn? _____

3. I need to work on _____

4. How can I help myself to do this? _____

Learning Styles

We all learn in different ways. When we begin to learn something new, it is useful to know our own learning style so that we know what suits us best as a learner.

This questionnaire* shows what kind of learner you are. Choose one answer for each question:

1. You need to deliver something to a place you have never been to before. Do you:

a) get written directions from someone

☐

b) ask someone to explain it to you

☐

c) try to find the place yourself

☐

2. Can other people tell your mood from:

a) your face?

☐

b) your tone of voice?

☐

c) your body language ?

☐

Learning Styles

3. Do you tell other people's moods by:

a) the look on their face?

☐

b) the tone of their voice?

☐

c) their body language?

☐

4. If you need to talk to someone about something important do you prefer to:

a) talk to them face-to-face?

☐

b) talk to them on the telephone?

☐

c) talk to them while doing something else,
e.g. fishing or over a meal?

☐

5. In your spare time do you like to:

a) watch TV?

☐

b) listen to music?

☐

c) play sport?

☐

Learning Styles

6. When you are not doing anything do you:

a) look around you?

☐

b) talk to yourself?

☐

c) fidget?

☐

7. When you spell do you:

a) try to see the word?

☐

b) sound out the word?

☐

c) write it down to see if it looks right

☐

*Adapted from Read, Write Now 3, NALA 2002

Learning Styles

What kind of learner are you?

Answers Ticked	Type of Learner	Learning Style
Mostly a's	Visual Learner	You learn by seeing; watching and reading instructions help you to learn.
Mostly b's	Auditory Learner	You learn by hearing; listening to instructions and talking about them help you to learn.
Mostly c's	Kinaesthetic learner	You learn by touch and movement, you like to try things by doing them yourself.

I am a _____ learner.

I like to learn by _____
_____.

You may have ticked a number of different styles, this shows you learn in many different ways.

How We Learn



John's Story:

I have been mending nets since I was a small child. My happiest memories are of sitting on the pier with my Grandad, watching him mending the nets and listening to his stories. Grandad showed me what to do, step by step. He always let me have a go and never said I was doing it wrong. When I got it right, he would give me a pat on the head and say "good lad". I was so proud when I got it right. I never forgot what he taught me.

How We Learn

What did John learn to do?

How did he learn to do it?

Where did he learn it?

What do you think helped him to learn?

How We Learn

Can you think of something you learned as a child?

How did you learn it?

What helped you to learn?

Where did the learning take place?

How We Learn

Can you remember how you learned the following things?

To row a boat _____

To use an engine on a boat _____

To tell the time _____

To light a fire _____

How We Learn

Can you remember how you learned the following things?

To tie up a boat _____

To drive a car _____

To put bait on a hook _____

To know the different types of fish _____

Section 2

Non-verbal Communication



Reading Signs

Match these signs to their meaning:



Use Safety
Harness



Emergency
Ladder



No Smoking



Lifeboat

Reading Signs

Match these signs to their meaning:



Use Handrail



Wear Safety
Boots



Mind Your
Head



Lifebuoy

Reading Signs

Match these signs to their meaning:



First Aid



Caution:
Slippery



No Dumping
at Sea



Lifejacket

Reading Chart Symbols

Maps and navigation charts use many symbols to give information.

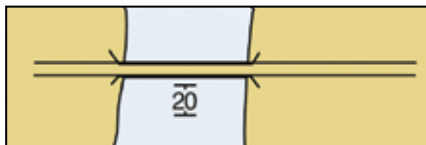
Match the words in the box with the symbols

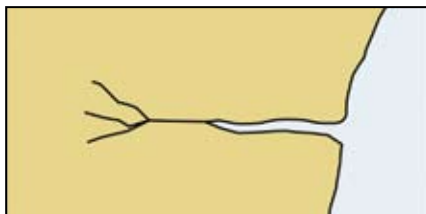
Jetty

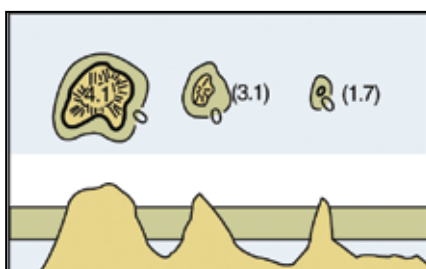
Rocks

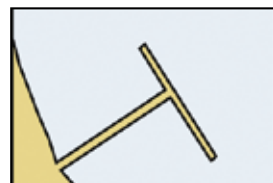
River

Bridge









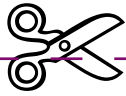
Non-verbal Communication



Non-verbal Communication

Print and cut out the following prompt cards. Distribute them equally to everyone in the group. The group take turns communicating the word or phrase on the card **without speaking**.

Non-verbal Communication



STOP !	I can't hear you!	Slow Down
Do you want tea?	Pull in the nets	Speed up
Turn off the engine	There's a phone call for you	OK
I don't know	Good catch!	Turn Back

Non-verbal Communication



Role-play:

In pairs, act out the following conversation without using words.

Person 1. Hi

Person 2. Hi

Person 1. Do you have the time please?

Person 2. No, I don't, sorry

Person 1. Are you fishing today?

Person 2. Yes, are you?

Person 1. No, it's too cold..

Person 2. Not at all, I'm warm!

Person 1. That's funny!

Person 2. Yes it is..

Person 1. I have to go, goodbye.

Person 2. OK, goodbye!

Non- verbal Communication

Discussion Topic:

In the fishing industry, there are many ways to communicate with each other using signs and symbols. What are the different signs and symbols you use?

Sample answers:

- Lights on the boat to show port, starboard, stern, bow, etc.
- International nautical flags
- National flags to show where a vessel is from
- Buoys and port signage to show the way
- Symbols on maps and charts
- Safety signs on board
- Flares in an emergency

Section 3

Reading



Vocabulary - Useful Words

bait

rope

boat

hook

fish

line

rod

net

float

river

water

pier

cast

knot

lake

oar

Vocabulary - Useful Words

Circle each list word on the word bridge:

bait rope boat hook fish line rod net float river water pier cast knot lake oar

bait

rope

boat

hook

fish

line

rod

net

float

river

water

pier

cast

knot

lake

oar

Vocabulary - Useful Words

Match the words to the pictures:



fish



rod



boat



hook



rope



net

Vocabulary - Useful Words

Find these words in the wordsearch:

boat fish rod float bait

water knot hook rope pier



a	f	l	o	a	t	w	i	b	c
l	e	h	f	d	g	m	t	a	f
k	b	q	r	o	p	e	s	i	e
x	g	t	s	u	i	q	f	t	g
f	i	s	h	r	e	v	s	b	m
l	e	w	f	j	r	s	h	h	q
b	v	k	n	o	t	u	r	o	d
o	c	i	e	r	d	j	m	f	s
a	h	o	o	k	k	g	d	a	k
t	a	m	b	w	a	t	e	r	j

Alphabetical Order

Look at the list of Irish harbours and answer the questions:

A	B	C	D
Arklow	Bantry Bay Belfast	Cobh Coleraine Cork	Derry Dingle Dublin Dundalk Dungarvan
E	F	G	H
	Fenit Foynes	Galway Greenore	Howth
I	J	K	L
		Killybegs Kilronan Kinsale	Larne Limerick
M	N	O	P
	New Ross		
Q	R	S	T
	Ringaskiddy Ros a Mhíl	Sligo	Tivoli
U	V	W	X
		Warrenpoint Waterford Wicklow	
Y	Z		
Youghal			

Alphabetical Order

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1. How many harbours are listed under the letter 'G'? _____

2. Find and highlight the following harbours:

- Killybegs
- Waterford
- Dungarvan
- Arklow
- Fenit

3. How many harbours are listed under the letter 'W'? _____

4. Name the letters that have no harbours listed:

5. Fill in the gaps in the alphabet:

A		C			F	G			J	K		M
N			Q	R			U		W		Y	Z

Alphabetical Order

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z



Put the following harbour names into alphabetical order:

Rosslare _____

Galway _____

Killybegs _____

Sligo _____

Cobh _____

Fill in the gaps in the alphabet:

	B		D		F		H			K	L	
	O	P			S	T		V		X		

Reading Advertisements



Ryan's Storage Spaces

Ros a Mhíl

- Storage Spaces for rent
- Ideal for fishing equipment
- Suitable for small boats, dinghys, kayaks, etc.
- Located beside the harbour
- Cheap rates, pay monthly
- Contact Paul Ryan 087-246713

Reading Advertisements

Read the advertisement and answer the questions:

1. What is being advertised?

2. Where is it?

3. List four things that you could store:

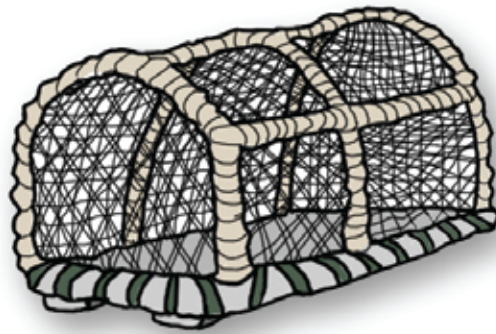
4. Who is the person to contact?

5. How often do you pay?

Reading Advertisements

McEvoy's Plastics Ltd.

Lobster Pots for Sale



Plastic coated frames

Free delivery to anywhere in Ireland

€30 per pot, €300 for 12*

Next day delivery

Call: 01-401024

e-mail: mcevoysplastics@eircom.com

**Prices do not include V.A.T*

Reading Advertisements

1. What is the company's name and e-mail address?

2. Where do they deliver?

3. How much does delivery cost?

4. Is €300 the total price for 12 pots?

5. What kind of frames do the lobster pots have?

Reading Notices

INFORMATION EVENING

There will be a meeting to discuss:

Safety at Sea

on

Tuesday 19th January

at

8.30p.m. sharp

in Cleggan Community Centre.

All welcome.

Place a tick in the correct box:

True

False

1. The meeting is to discuss 'Sports at Sea'

☐☐

2. It will take place on the 19th of January

☐☐

3. Only local people are welcome

☐☐

4. The meeting starts at 8.30 in the morning

☐☐

5. It will be held in Clifden Community Centre

☐☐

Reading Newspaper Articles

Technology brings fishing communities together

Fishermen in North Dublin have been using computers to talk to fishermen thousands of miles away. They used cameras on their computers to chat to fishermen in Alaska. They were able to show each other what the fishing was like in their part of the world using a computer programme called 'Skype'.

Adapted from the Fingal Independent Wednesday November 28th 2008

1. Where are the two groups of fishermen from?

2. What did they use to chat to each other?

3. What is the name of the computer programme they used?

Reading Newspaper Articles

Fill in the gaps using the words below:

Technology brings communities together

Fishermen in _____ Dublin
have been using _____ to talk
to fishermen thousands of _____
away. They used _____
on their computers to chat to fishermen in
_____. They were able to show
each other what the fishing was like in their part
of the _____ using a computer
programme called _____.

computers

North

Skype

cameras

Alaska

miles

world

fishing

Reading a Small Ad

BOAT FOR SALE:

Myra Myra 21ft fishing boat with inboard diesel engine. Comes with VHF radio, anchor and trailer, €5,500.

Ph: 061-5554726 after 7pm.

True or False:

1. The boat is 12 feet long _____
2. The boat has an outboard engine _____
3. The boat comes with a trailer _____
4. It costs €5,000 _____
5. Phone after 7 in the morning _____

Reading - Mary's Story



I was born in a small village in County Cork. I am 51 years old and have lived here all my life. Fishing has always been a big part of my life. My father was a fisherman and he worked hard until he was an old man. There was nine children in the family and life was hard. The man I married was from the same village. He was on trawlers since he was 15. One of my sons is fishing too. I used to worry all the time that they would be lost to the sea, but I'm used to it now so I just get on with life.

Reading - Mary's Story

Read Mary's story and answer the following questions:

1. In which county does Mary live?

2. How old is Mary?

3. How many children are in her family?

4. Where is the man she married from?

5. What did Mary worry about?

Reading - Mary's Story

Fill in the missing words in Mary's story:

years

worry

children

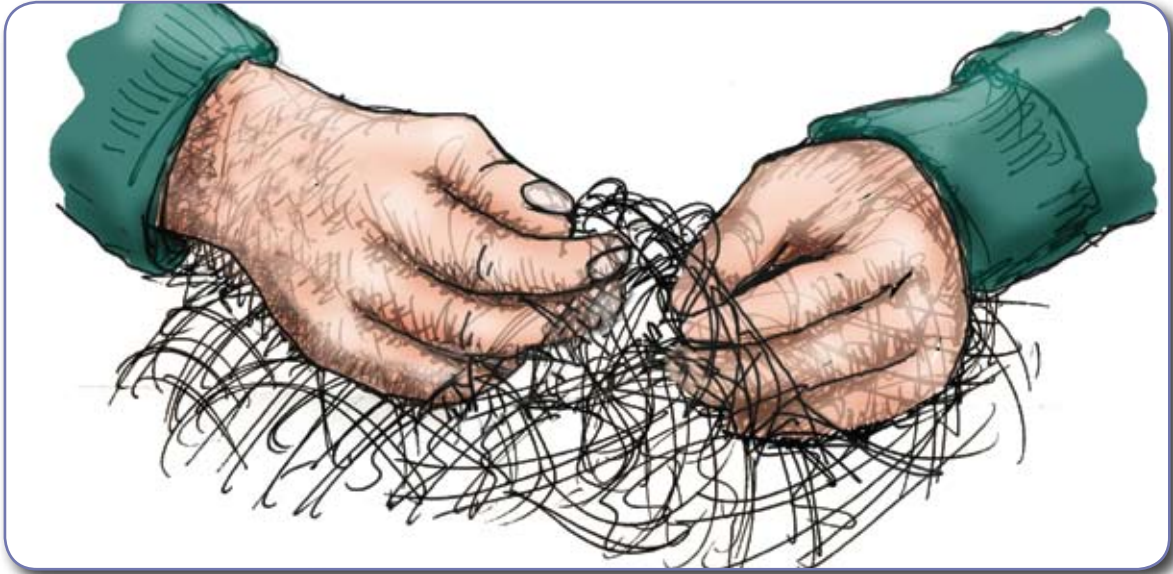
fishing

village

fisherman

I was born in a small _____ in County Cork. I am 51 _____ old and have lived here all my life. Fishing has always been a big part of my life. My father was a _____ and he worked hard until he was an old man. There was nine _____ in the family and life was hard. The man I married was from the same village. He was on trawlers since he was 15. One of my sons is _____ too. I used to _____ all the time that they would be lost to the sea, but I'm used to it now so I just get on with life.

Reading - John's Story



I have been mending nets since I was a small child. My happiest memories are of sitting on the pier with my Grandad, watching him mending the nets and listening to his stories. Grandad showed me what to do, step by step. He always let me have a go and never said I was doing it wrong. When I got it right, he would give me a pat on the head and say "good lad". I was so proud when I got it right. I never forgot what he taught me.

Reading - John's Story

Fill in the gaps in the story using the words below:

child	pier	head	good
nets	have	forgot	was

I have been mending _____ since I was a small
_____. My happiest memories are of sitting
on the _____ with my Grandad, watching him mending
the nets and listening to his stories. Grandad showed me
what to do, step by step. He always let me _____ a
go and never said I _____ doing it wrong. When I got
it right, he would give me a pat on the _____ and say
"_____ lad". I was so proud when I got it right. I
never _____ what he taught me.

The Currach - Reading



In the West of Ireland, currachs are often used for fishing. Here are some facts about currachs, there are questions to answer on the next page:

- A currach is a long black rowing boat.
- It is light and easy to carry.
- It can be used in rough seas or in shallow water.
- It can be rowed ashore at a beach..
- It is made with wood and canvas and then painted with tar.

The Currach - Questions

1. What 3 things are currachs made from?

2. What colour are currachs?

3. How would you bring a currach ashore?

4. How do you travel in a currach?

5. Where can you use a currach?

Reading Instructions

Read the instructions for Paracetamol tablets.

Paracetamol Tablets 500mg

Directions: Swallow tablets with water.

Dosage:

Adults and children over 12 years: 1 to 2 tablets three to four times daily (no more than 8 tablets in 24 hours)

Children 6 to 12 years: $\frac{1}{2}$ to 1 tablet three to four times daily (no more than 4 in 24 hours)

Children under 6: Not recommended

CONSULT YOUR DOCTOR IMMEDIATELY IN THE EVENT OF OVERDOSAGE, EVEN IF YOU FEEL WELL.

BEST BEFORE: 01/07/12

Put a circle around the correct answer:

1. The maximum amount of paracetamol an adult can take is:
 - a) 4 tablets in 36 hours
 - b) 6 tablets in 12 hours
 - c) 8 tablets in 24 hours

Reading Instructions

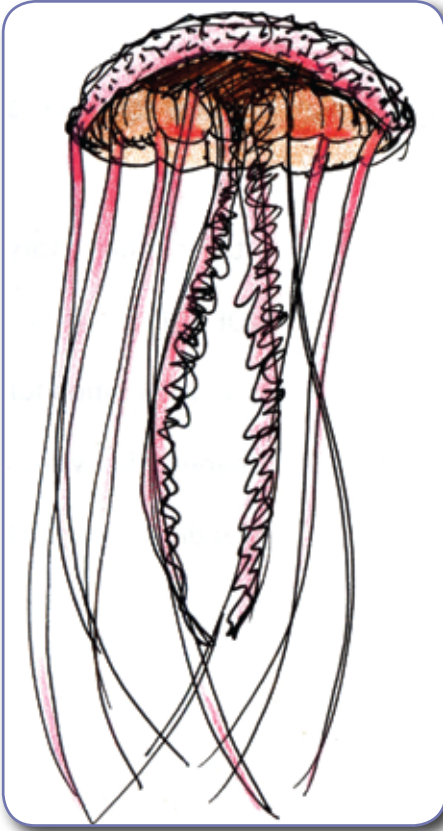
2. Paracetamol should be taken with
 - a) Food
 - b) Water
 - c) Milk

3. Children under 6
 - a) Can take this medicine
 - b) Cannot take this medicine
 - c) Can take up to 4 tablets per day

4. If you take too many tablets, you must
 - a) Consult your doctor only if you feel unwell
 - b) Consult your doctor after 24 hours
 - c) Consult your doctor even if you feel well

5. The best before date for these tablets is:
 - a) 1st of July 2012
 - b) 1st of May 2012
 - c) 1st of January 2012

Reading - Jellyfish Project



Jellyfish Project to help fishermen

You can't eat them, fillet them or even sell them. Jellyfish have for many years been the curse of fishermen. At certain times of year their nets fill up with jellyfish and become very hard to lift.

The jellyfish are becoming more common in the Irish Sea due to our weather getting warmer. A research project worth almost €1 million has been set up to look at how fisherman can make money from jellyfish.

Reading - Jellyfish Project

Fill in the gaps using the words below:

Jellyfish Project to help fishermen

You can't eat them, fillet them or even _____ them.

Jellyfish have for many years been the curse of fishermen. At certain times of year their nets fill up with jellyfish and become very hard to _____.

The _____ are becoming more common in the Irish Sea due to our weather getting _____. A research project worth almost €1 _____ has been set up to look at how fisherman can make _____ from jellyfish.

million

lift

jellyfish

money

sell

warmer

Section 4

Writing



Writing Upper and Lower Case Letters

a b c d e f g h i j k l m n o p q r s t u v w x y z

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Write the following letters in block capitals:

a —

b —

c —

d —

e —

f —

g —

h —

i —

j —

k —

l —

m —

n —

o —

p —

q —

r —

s —

t —

u —

v —

w —

x —

y —

z —

Useful Words



bait

rope

boat

hook

fish

line

rod

net

float

river

water

pier

cast

knot

lake

oar

Spelling Practice

Circle the correct spelling and write it:

nott

knot

knrt

woter

watre

water

boat

baot

buot

peer

peir

pier

baet

bait

biat

fich

fisc

fish

Spelling Practice

Change the first letter of each word to make 3 new words. The first one is done for you:

line

dine

vine

nine

net

hook

cast

Spelling Practice

Fill in the gaps in the following words:

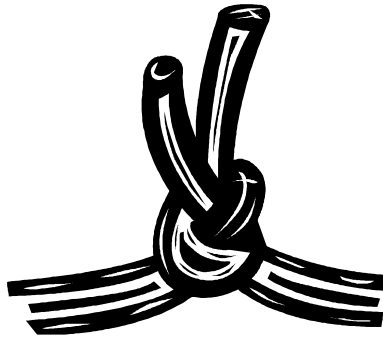
boat	line	hook	bait	rope
_oat	_ine	_ook	_ait	_ope
b_at	l_ne	h_ok	b_it	r_pe
bo_t	li_e	ho_k	ba_t	ro_e
boa_	lin_	hoo_	bai_	rop_
b _ _ _	l _ _ _	h _ _ _	b _ _ _	r _ _ _

Spelling Practice - Silent Letters

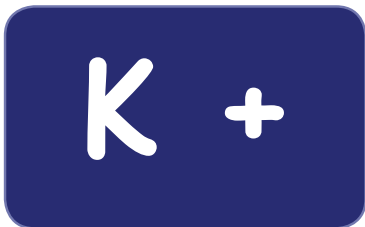
Some words have silent letters that we do not say when we read them. Can you spot the silent letter in these words:

Knot

Knife



Add 'k' to the following to make a word:



nee _____

not _____

nit _____

now _____

nife _____

Spelling Practice

Circle the correct spelling of the word:

Seán went to the meeting/metting last night.

The boat/baot was at the pier.

Anne didn't catch anny/any fish.

The fish was too smoll/small to keep.

Pat's radio/radeo is broken.

On Munday/ Monday I will go to town.

The lifejacket was under the seat/seet.

Spelling Practice - Homophones

Homophones are words that sound the same but are spelt differently and have different meanings.

Circle the correct word in these sentences:

He showed his son/sun how to row.

I will go fishing if the whether/weather is fine.

The net was too weak/week to hold the fish.

Dan went to bed because he was too/two tired.

I herd/heard the fire alarm going off.

Filling in Forms

Keywords

Surname

Name

Address

Telephone

Date

Date of birth

D.O.B.

Block Capitals

Vessel

Type

Number

Shore Contact

Length

Hull

Radio

Call sign

Filling in Forms

Look at the sample form and fill in the form below.

PERSONAL DETAILS

Surname: *Ryan*

First Name: *John*

Address: *Old Farm Road*
Clifden
Co. Galway

Name of Vessel: *Ocean Queen*

PERSONAL DETAILS

Surname: _____

First Name: _____

Address: _____

Name of Vessel: _____

Filling in Forms

Fill out the sample form below:

PERSONAL DETAILS

(PLEASE USE BLOCK CAPITALS)

First Name: _____

Surname: _____

Address: _____

Phone Number: _____

Date of Birth: _____

Name of Vessel: _____

Signature: _____

Date: _____

Filling in Forms

Look at the form and fill in the gaps using these words:

Surname

Address

Date

BLOCK

Sign

Phone

Vessel

Birth

PERSONAL DETAILS

(PLEASE USE _____ CAPITALS)

First Name

JOHN

SMITH

SEA VIEW, CLIFDEN

CO. GALWAY

Number 087- 1234567

Date of

20/06/1963

Name of

Miss Mary

here John Smith

19-01-10

Writing Dates

The date is written in 3 parts:

14	February	2010
/		\
The day of the month	The month	The year



Sometimes it is written all in numbers:

14/02/2010

Write these dates in numbers:

5th November 2003: 05/11/2003

17th March 2005: _____

31st July 1970: _____

22nd May 1986: _____

Writing Dates

Write the months in words:

18/06/2002: 18 June 2002

25/12/2009: _____

09/05/1999: _____

12/01/1968: _____

Put these dates in order:

04/02/83: 22/02/71

18/06/09: _____

22/02/71: _____

30/05/02: _____

Writing Dates

Write the months of the year in order:

May

January

August

July

February

December

June

September

January

March

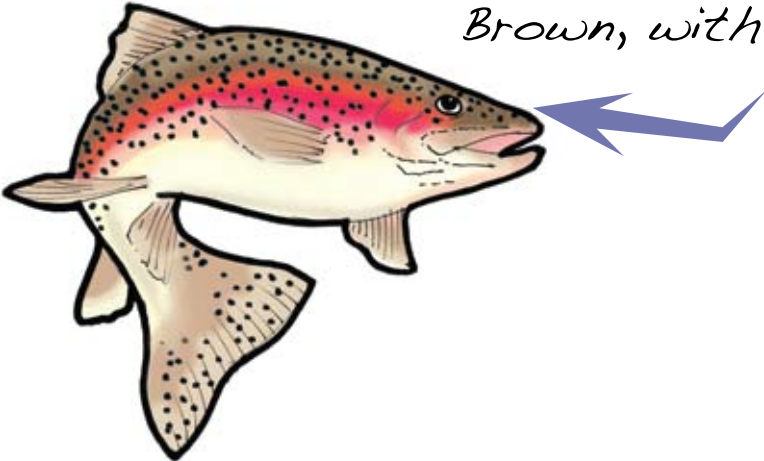
November

April

October

Keeping Records

When you are fishing, it is useful to take a notebook with you, so you can keep a record of the fish that you catch.

	
Fish	<i>Trout</i>
Date	<i>April 18th</i>
Weather	<i>Cloudy and dry</i>
Length	<i>25cm</i>
Weight	<i>750g</i>
Bait	<i>Worms</i>

Keeping Records

Now fill out your own record from the following information:

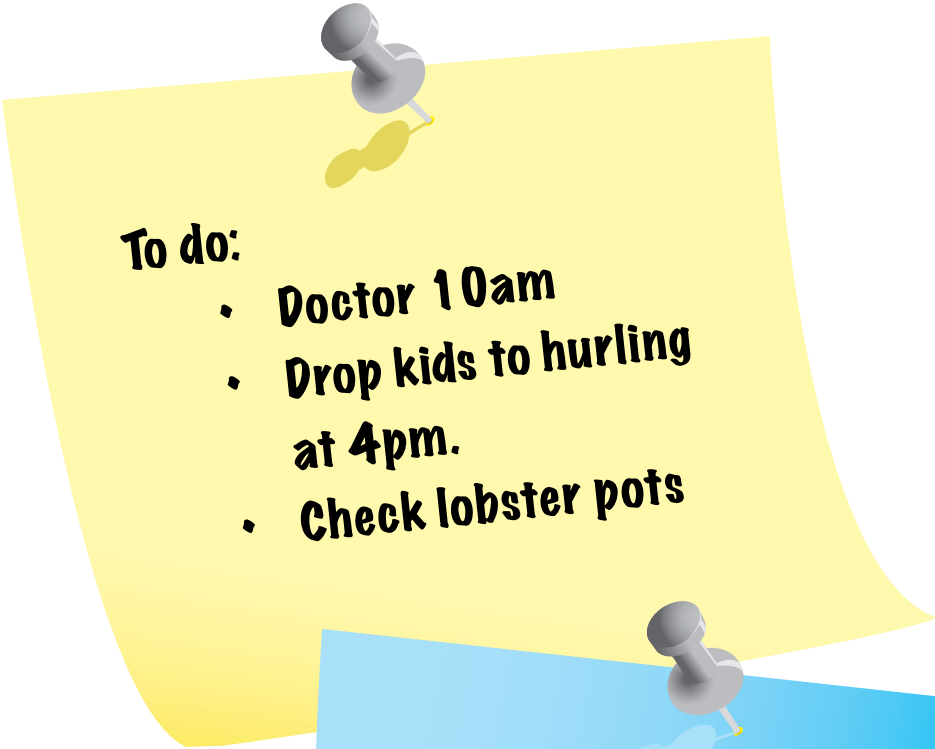
On the 16th of June you went fishing and caught a 33cm perch that was 1.5kg. It was a sunny dry day and you were using worms as bait.

Fish	
Date	
Weather	
Length	
Weight	
Bait	

Writing Lists

Lists are useful when we have a lot of things to remember. The lists can be long or short and you can ✓ things off as you do them.

Here are some examples of lists:



To do:

- **Doctor 10am**
- **Drop kids to hurling at 4pm.**
- **Check lobster pots**



Shop

Lotto

Bread

Milk

Butter

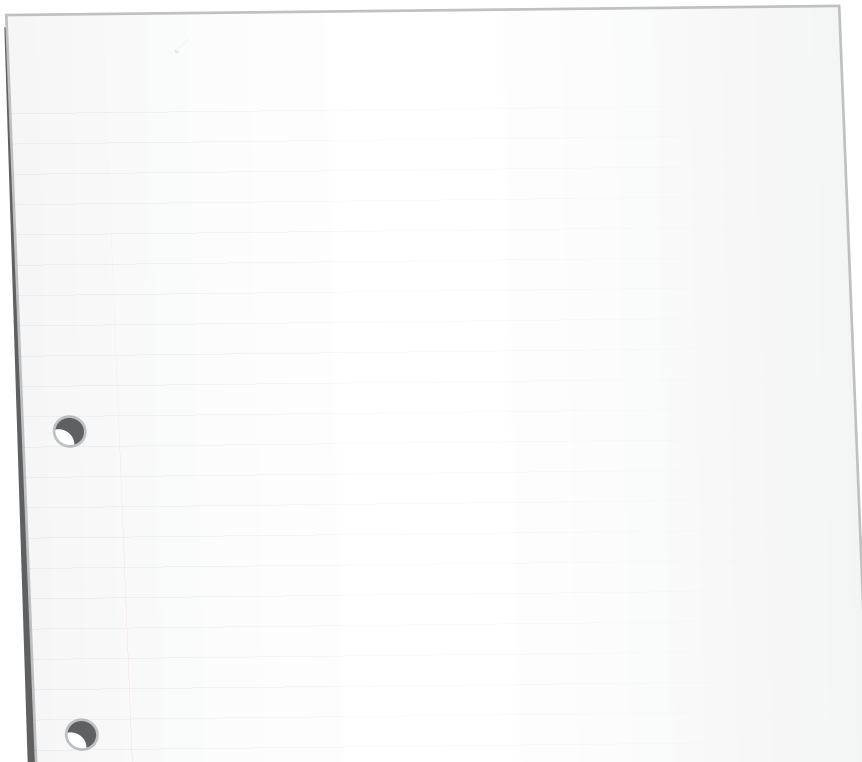
Paper

Writing Lists

You are going fishing for two days. Think about the food that you will need to bring. Write a list:

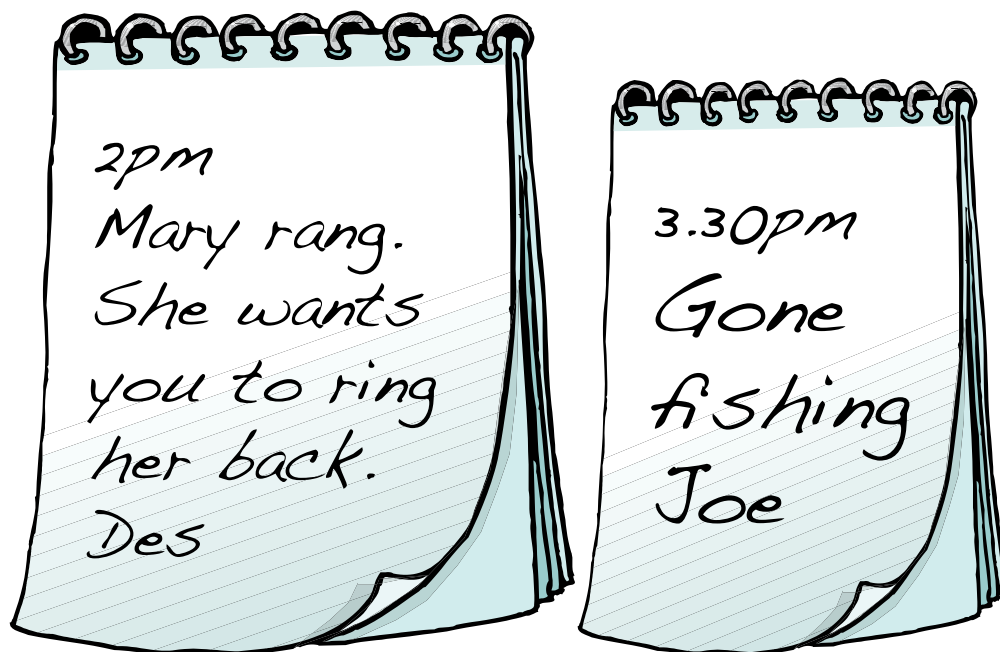


Write a list of the people you would like to bring with you on your fishing trip:



Writing Notes

We write notes when we want to leave a short message. Notes are short and to the point. It is useful to leave your name and the time on a note so people know who left the note and at what time. Look at these examples:

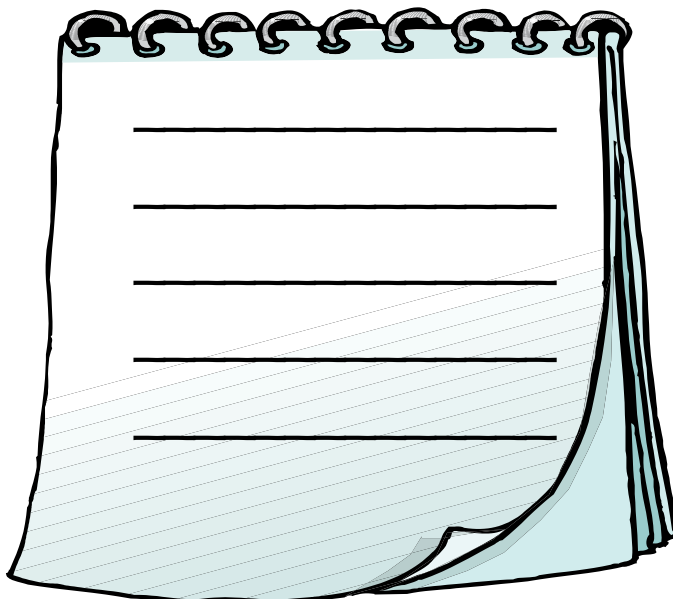


Writing Notes

Write a note to a family member to say that you are going fishing and you will be back at 8 O'clock:



Write a note to remind a friend to feed the dog while you are away:



Writing a Postcard

You have docked in France and you are going to send a postcard home to show your family where you are. Here are some useful words:

France
sunny

boat
raining

harbour
fishing

weather
people



Writing Instructions

Write out step-by-step instructions for lighting a gas stove in a galley:

Useful Words

turn

light

match

knob

flame

1.

2.

3.

4.

Spelling practice - 'wh' words

Underline the words beginning with 'wh' in the story:

When Jim went fishing last week he saw a whale. He was fishing away when he saw a whirl of white water. "What's that?" he said. He looked at where the water was moving and he saw the whale again. "Which way did it go?" he whispered to himself. After a while, the whale swam away. "Why did I not take a picture?" he said, "who will believe me now?"

A lot of the 'question' words begin with 'wh', put these 'wh' words into the correct sentences:

what where when who which

1. _____ is the first aid kit?
2. _____ is coming fishing with me today?
3. _____ is the name of that boat?
4. _____ are you going ashore?
5. _____ rod should I use; the long or the short one?

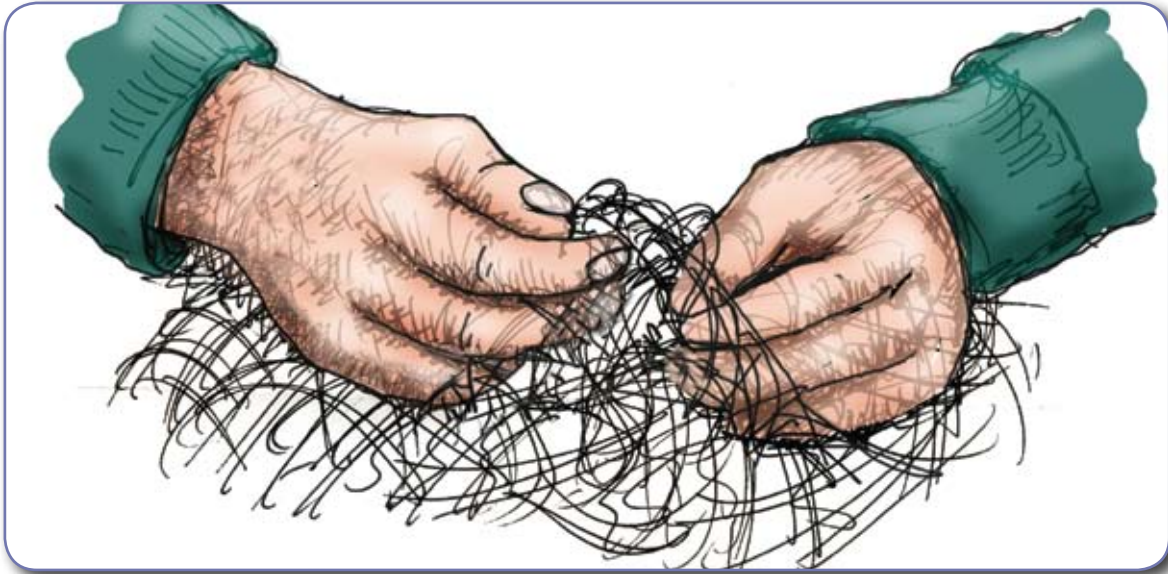
Creative Writing



Imagine that you are the person on the phone. You are talking to the local radio station telling them what is happening.

Using Punctuation

Every sentence should begin with a capital letter and end with a full stop. Put the full stops in the right places in this story:



John's Story:

I have been mending nets since I was a small child My happiest memories are of sitting on the pier with my Grandad, watching him mending the nets and listening to his stories

Grandad showed me what to do, step by step He always let me have a go and never said I was doing it wrong When I got it right, he would give me a pat on the head and say "good lad" I was so proud when I got it right I never forgot what he taught me

Using Punctuation

Remember that every sentence should begin with a capital letter and end with a full stop. Put the full stops and capital letters in the right places to make two sentences.

For example:

the weather was bad so we didn't go out fishing we went to Galway to buy a boat

**The weather was bad so we didn't go out fishing.
We went to Galway to buy a boat.**

i looked on the internet for a boat i found a currach for sale

i will be home on Sunday i hope to see you when I get home

Writing Stories

What's the story? Write a story to go with the picture.....



Before you start, ask yourself the following questions:

Who are the people in the boat?

Where are they?

What are they doing?

What are they saying to each other?

What happened earlier?

What happens next?

Writing Stories

Useful words:

boat	fog	lake	help
men	fish	water	row

[illegible]

Keeping a Diary

Keeping a diary helps to remind you of important meetings and special occasions from day to day. Keep a diary for the next week outlining what you plan to do each day.

Monday

Tuesday

Wednesday

Keeping a Diary

Thursday

Friday

Saturday

Sunday

Section 5

Personal Safety



Health and Safety at Sea

The pictures show things that are safe and unsafe when working on a boat. Put circles around the things that can be dangerous:



Health and Safety at Sea

Match up the pictures with the words:



Safety Boots



Lifebuoy



Fire Extinguisher



Safety Gloves



Lifejacket

Health and Safety at Sea

There are many things which can cause danger at sea.
Match up the pictures with the words:



Wet Deck



Alcohol



Hooks



Smoking



Ropes



Drugs

Health and Safety at Sea

lifejacket

ropes

wet deck

lifebuoy

alcohol

fire extinguisher

harness

smoking

safety gloves

Using the list of words, make a list of things that can cause danger at sea:

Now make a list of things that help you stay safe at sea:

Health and Safety - The Law for Employers



The Safety, Health and Welfare at Work Act 2005 was passed to make sure that all workplaces are safe. It says that the person you work for must provide:

- A safe workplace
- Safety equipment, such as a lifejacket
- Training
- Toilets and water
- A plan in case of an emergency

Health and Safety - The Law for Employers



**Read the following statements.
Are they true or False?**

The person you work for must:

- Give you training _____
- Have an emergency plan _____
- Provide showers _____
- Make sure you are wearing a lifejacket _____
- Give you food _____

Health and Safety - The Law for Employees



The law says that as a worker, you have to look after yourself and others. You must:

- Go to training courses
- Follow the rules
- Use safety equipment, such as wearing a lifejacket
- Behave carefully and safely
- Report any danger or safety risks to the boss

Health and Safety - The Law for Employees



Read the following statements. Are they true or False?

As a worker you must:

Put on a lifejacket

Follow the rules

Go to training if you feel like it

Ignore safety risks

Make up an emergency plan

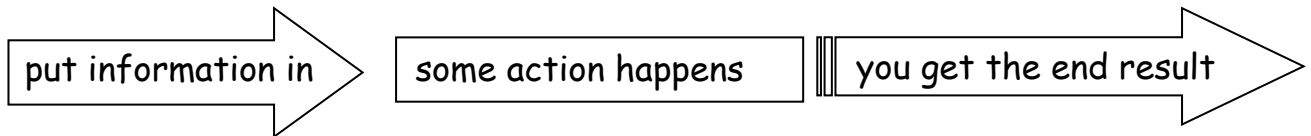
Section 6

Using Technology



Computers in Everyday Life

A computer is a piece of equipment that you:

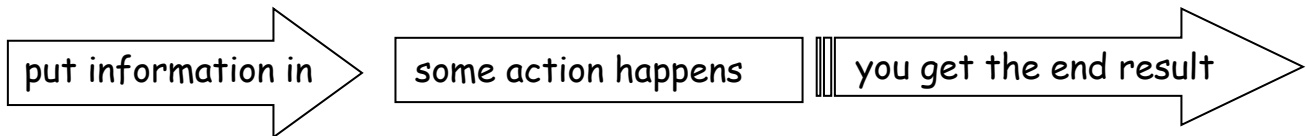


Here are some examples of how you are already using computers. Can you think of two more examples?

	Information In	Action	Result
VHF Radio	Choose a station	Radio tunes in to that station	Talk to somebody
Smoke Alarm	Smoke hits the alarm	Smokes turns on the alarm	Loud beeping noise
Supermarket checkout	Price on the product is scanned	Matches barcode to a certain price	Price is shown on the till

Computers in Everyday Life

The same applies for using a computer, you need to tell it what to do, it does the job and there is an end result..



Here are some examples of things that you can get a computer to do. Can you think of any more examples?

Write a Letter	Press letters on keyboard	A page is setup on the computer	Letter is made on the screen
Search for Shrimp Pots for sale	Type 'shrimp pots for sale' on the internet	Your computer links up with other computers through the internet	List of shrimp pots for sale appears on the screen

Using Computers

Turn on the computer

It takes a few seconds to fully start up before you can do anything.

There are a lot of items to be seen when you turn on the computer.

Your way of telling the computer what you want it to do is with the mouse and the keyboard.

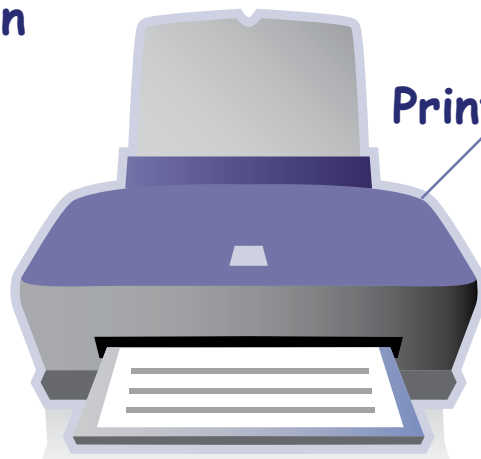
Central Processing Unit (CPU)



Screen



Printer



Keyboard



Mouse



Using Computers – Make a Sign

Make a 'Boat For Sale' sign - Tutor Notes

1. Show a printout of a finished 'Boat For Sale' sign to the students.
2. Demonstrate on the steps involved in opening a blank page in Word.
3. Key in 'For Sale' and telephone number underneath getting the students to do each step as you go along.
4. Change direction of page to Landscape.
5. Save the page to the default 'My Documents' explaining that this is where page would be found again.
6. Accept the name of 'For Sale' and click 'Save'.
7. Close the page using the 'X'.
8. Click on 'My Documents', click on 'For Sale' and open page.
9. Highlight the two lines of text.
10. Centre Text.
11. Make the text as big as you can.
12. Make the text bold.
13. Change the colour of text. (If you have time try out different fonts.)
14. Save the page and Print.
15. Close page. Shut Down the computer.

The Internet



Sometimes smaller words add together to make bigger words. Match the following to make up words about the Internet:

Web	mail
Inter	age
e-	work
Net	site
Mess	net

The Internet

The Internet is a worldwide network of computers that can communicate with each other through the telephone lines and satellites.

The most common uses of the Internet are:

- e-mail
- visiting websites
- instant messaging

e-mail: This is mail that is sent electronically through the internet.

Websites: these can give you information about anything you want to know. You can use a search engine like Google to search the Internet for websites that give the information you are looking for.

Instant messaging: this allows you to send messages that pop up on the other person's screen in a matter of seconds. You can chat to one or more people at the same time by typing messages into the computer. If both people have cameras connected to their computers they can see and hear each other live.

The Internet

Discussion Topic:

In what ways is the Internet useful to people working in the fishing industry?

Sample answers: weather forecast, information from government/BIM, communication with other fishing communities, buying and selling equipment.



Using the Internet Tutor Notes

1. Ask the learners to turn on the computer and wait for the desktop to appear.
2. Identify and double-click on the Internet Explorer icon.
3. If the Google homepage does not appear, type `www.google.com` into the address bar.
4. Identify what the learners wish to search for. In this case, they are going to find:
 - a) the name of the B.I.M. website
 - b) low tide for today in Galway
 - c) the weather forecast for tomorrow in Clifden
5. Discuss the most effective keywords for their search and write them on the flipchart.
6. The learners type in their keywords and click on search. Show how you can choose to search only pages from Ireland.
7. Click on each website to view.
8. Identify and explain the forward and back buttons.
9. Using the worksheet, the learners can record their search results.
10. Identify the 'close window' button in the top right hand corner and close down Internet explorer.
11. Using the Start menu, shut down the computer.

Searching the Internet

To start using the Internet double click on this icon:



If the Google page does not come up, you can type www.google.ie into the Address bar at the top of the screen.

When the Google page appears type the keywords for what you are looking for into the search box, for example "boat for sale". Then click on 'search'.



A list of websites will appear. You can go into these websites by clicking on them.

Searching the Internet - Worksheet

Find the following information on the Internet using Google:

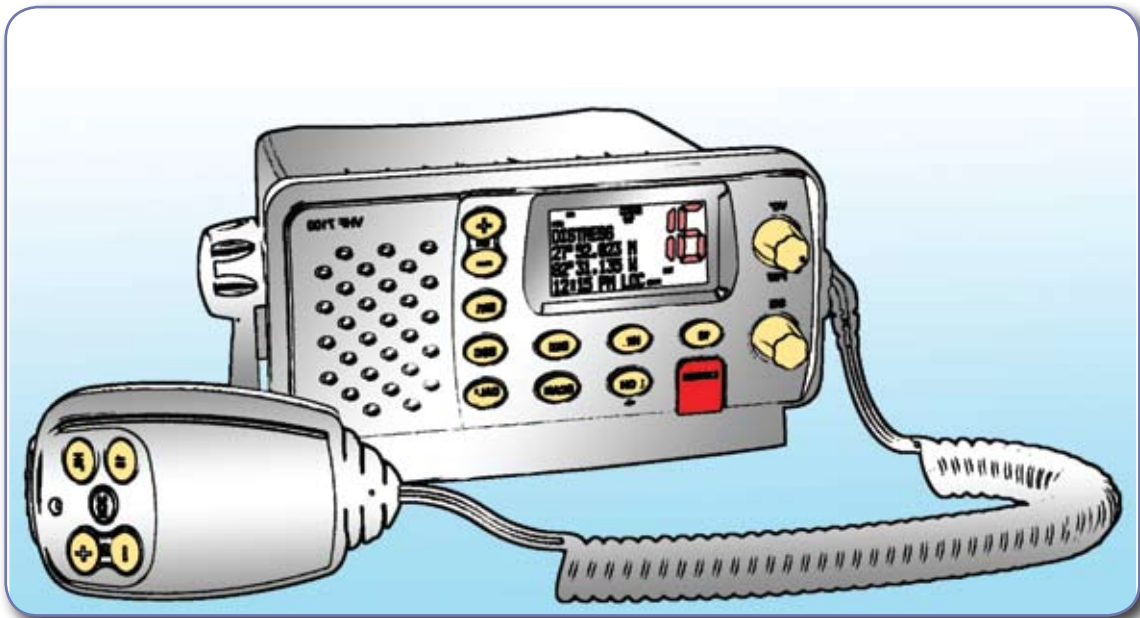
1. The name of the B.I.M. website

2. What time is low tide in Galway today?

3. What is the weather forecast for Clifden tomorrow?

Personal Safety - Using Technology

At sea VHF radios are used to communicate with emergency services and other vessels. Mobile phones are used on land to communicate with others. What are the advantages and disadvantages of each when working at sea?



VHF RADIO	
Advantages	Disadvantages

Personal Safety - Using Technology



MOBILE PHONE	
Advantages	Disadvantages

Radio Call Signs

a	alpha	n	november
b	bravo	o	oscar
c	charlie	p	papa
d	delta	q	quebec
e	echo	r	romeo
f	foxtrot	s	sierra
g	golf	t	tango
h	hotel	u	uniform
i	india	v	victor
j	juliet	w	whiskey
k	kilo	x	x-ray
l	lima	y	yankie
m	mike	z	zulu

Radio Call Signs

Draw a circle around each call sign, starting with **alpha**.

***alpha bravo charlie delta echo fox golf hotel ***

Radio Call Signs

Draw a circle around each call sign, starting with **alpha**.

***alpha bravo charlie delta echo fox trot golf hotel india juliet kilolima november oscar papa quebecromeo sierra tangou uniform victor whiskey x-ray yankee zulu**

Radio Call Signs

Put the following radio call signs into alphabetical order:

hotel
foxtrot

delta
alpha

bravo
echo

golf
charlie

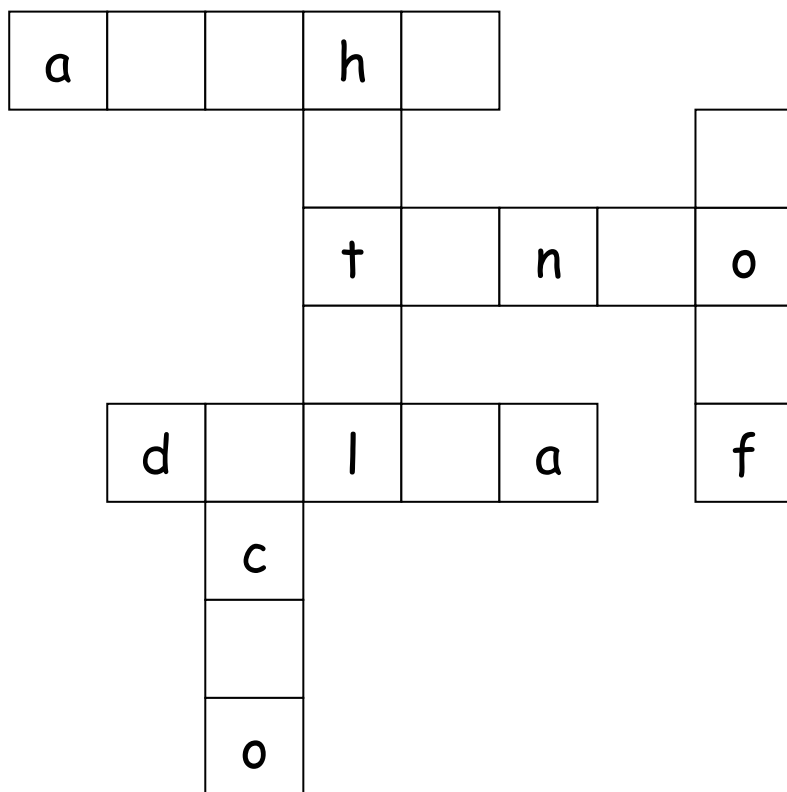
1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Radio Call Signs

Fill in the missing letters:

bravo	delta	tango
_ravo	_elta	_ango
b_avo	d_lta	t_ngo
br_vo	de_ta	ta_go
bra_o	del_a	tan_o
brav_	delt_	tang_
-----	-----	-----

Radio Call Signs



Fit the following call signs into the word grid:

delta	golf	tango
echo	alpha	Hotel

Safety at Sea - Using Technology

When a boat is in grave danger, you need to use your VHF radio to make a MAYDAY call. These are the steps you need to follow to make a MAYDAY call:

- Tune your VHF radio to channel 16.
- Press and hold the microphone button
- Speak clearly and say "MAYDAY, MAYDAY, MAYDAY"
- Say the name of the boat three times and say "I spell" and spell the name using radio code..
- State where you are.
- State what the problem is and how many people are on board
- Say "I REQUIRE IMMEDIATE ASSISTANCE".
- Listen for a response

Safety at Sea - Using Technology

Number the following steps for making a MAYDAY call in the correct order (the first one is done for you):

- ☐ Speak clearly and say "MAYDAY, MAYDAY, MAYDAY"
- ☐ Listen for a response
- ☐ Press and hold the microphone button
- ☐ Say "I REQUIRE IMMEDIATE ASSISTANCE".
- ☐ Say the name of the boat three times say "I spell" and spell the name using radio code.
- ☐ Say where you are
- ☐ State what the problem is and how many people are on board
- ☐ Tune your VHF radio to channel 16.

Safety at Sea



You are at sea and you notice that the engine is on fire. The name of the boat is Tara. There are two other people on board. You are west of Rosslare harbour. How would you call for help on your radio?

1. _____

2. This is the _____ I spell _____

3. We are _____ of Rosslare _____

4. The boat is _____ with _____
_____ on board.

5. I require immediate assistance.

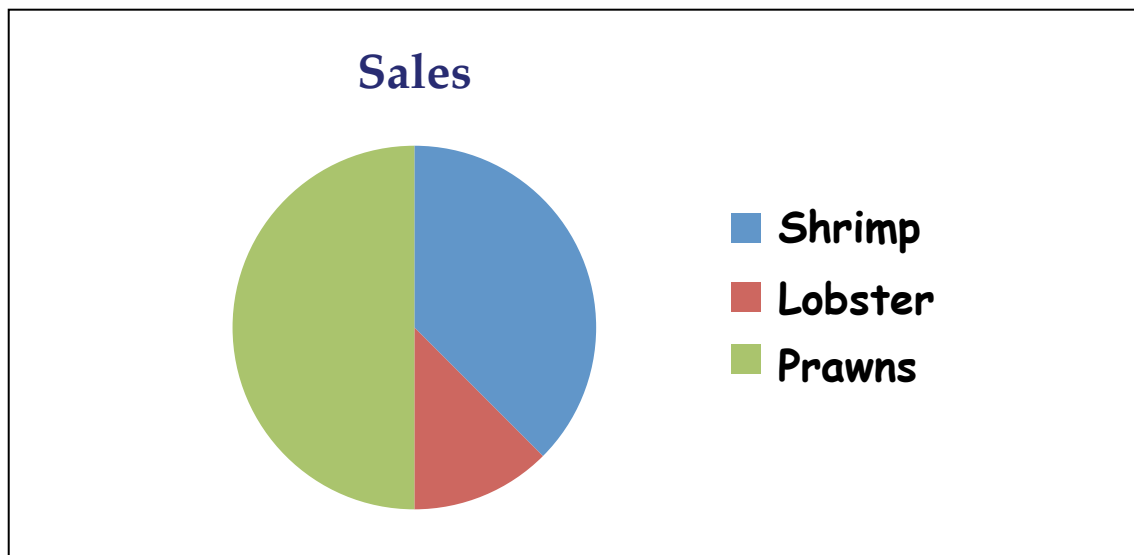
Section 7

Data Handling and Numeracy



Data Handling

The pie chart below shows the type of shellfish that were caught by a fisherman last month. The green shows the number of prawns, the red shows lobster and the blue shows shrimp.



Answer the following questions based on the pie-chart by ticking the correct box.

Did he catch:

- | | | |
|------------------------------|------------------------------|-----------------------------|
| 1. More lobster than shrimp? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Less shrimp than prawns? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. More lobster than prawns? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. More prawns than shrimp? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Data Handling - Tally Charts

A tally chart can be used to record information. In this example, people were asked what kind of fish they caught last week. A mark is put into the table whenever a person says what type of fish they caught. The marks are counted at the end.

Type of fish	Tally	Total
Cod		2
Bass		3
Lobster		4
Crab		3
Sole		0

1. How many people said that they caught sole?

2. What did most people catch?

3. How many people caught bass?

Data Handling - Tally Charts

Ask the people in your group if they own the following things and fill out the tally box:

Item	Tally	Total
VHF Radio		
First Aid Kit		
Lifejacket		
GPS		

1. How many people own a lifejacket?

2. How many people own a GPS?

3. How many people own a first aid kit?

4. How many **more** people own a VHF radio than a GPS?

Data Handling - Bar Charts

Create your own bar chart using the following information:

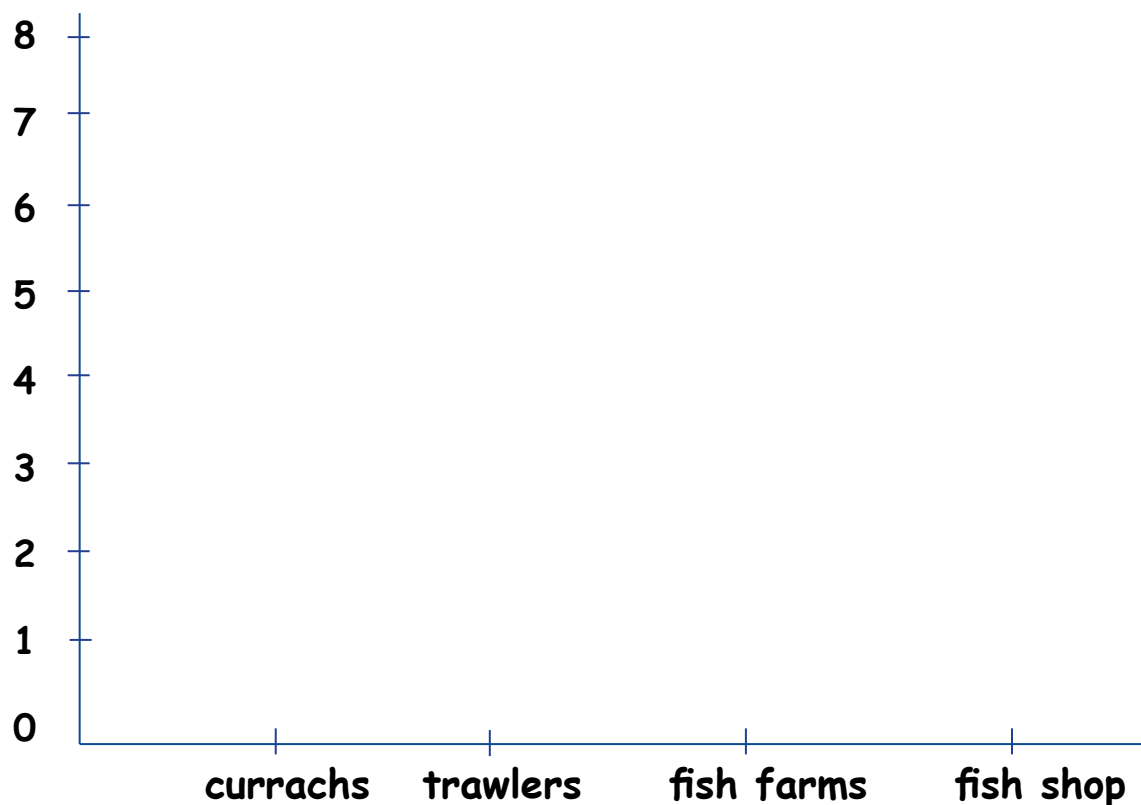
Places of work:

6 people work on currachs

4 people work on trawlers

3 people work on fish farms

1 person works in a fish shop



The 12-hour and 24-hour clocks

The **12-hour** clock uses **am** and **pm** to show whether it is morning or afternoon:

am is the morning time between 12 midnight and 12 noon

pm is the time from 12 noon to 12 midnight

e.g. 4am means 4 o'clock in the morning

10.30pm means half past ten at night

Write the following times in **am** or **pm**:

John got up at eight o'clock in the morning _____

The crew landed at six in the evening _____

The tide was low at seven on Friday morning _____

The B.I.M. meeting was on at 8.30 last night _____

Jim will be here at five this evening _____

The 12-hour and 24-hour clocks

With the 24-hour clock, the hours are numbered up to **24** instead of being divided into am and pm.

Fill in the gaps in the following table:

Midnight	00:00
1am	01:00
2am	02:00
3am	
4am	04:00
	05:00
6am	
7am	
	08:00
9am	
10am	
11am	
Nóin	12:00
1pm	13:00
2pm	
3pm	
	16:00
5pm	17:00
6pm	
7pm	
8pm	
	21:00
10pm	
11pm	



Tide Tables

Tide Table for Killibegs Harbour				
	High Tide	Low Tide	High Tide	Low Tide
Monday	00:21	06:42	12:45	19:09
Tuesday	01:25	07:45	13:52	20:16
Wednesday	02:30	08:53	15:00	21:23
Thursday	03:34	09:56	16:03	22:25
Friday	04:32	10:52	16:58	23:18

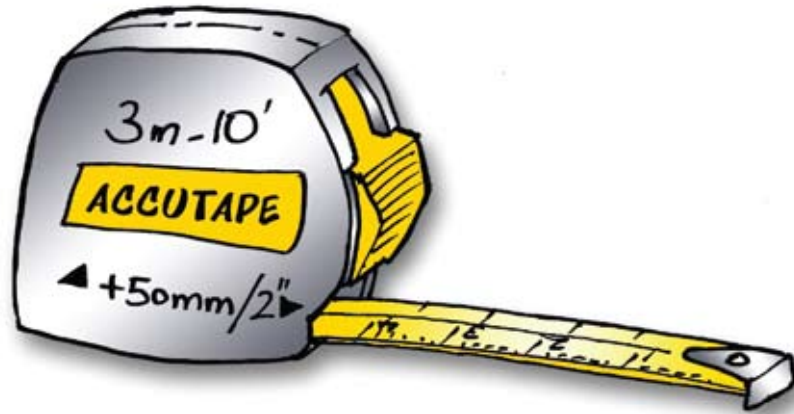
1. What time is the first high tide on Wednesday?

2. What time is the second low tide on Friday?

3. What time is the second high tide on Tuesday?

4. What time is the first low tide on Monday?

Measurement



When fishing, what things need to be measured?

Measurement - Centimetres

Estimate the following lengths by drawing a line that you think shows that length. Use your ruler to measure your estimates

5cm

Actual Length

10cm

Actual Length

3cm

Actual Length

8cm

Actual Length

15cm

Actual Length

Measurement - Using Millimetres

A millimetre is about the width of this full stop .

There are 10 millimetres (mm) in one centimetre (cm).

1 cm = 10 mm.

2cm = 20mm



How many mm are in the following:

4cm _____

7cm _____

5cm _____

11cm _____

Measuring the size of a fish - cm and mm

Tutor Note: Provide the learners with paper representations of fish of various lengths.

The total length of any fish is measured from the tip of the snout to the end of the tail fin:



Estimate the size of the fish cut-outs.

Tip: a centimetre (cm) is roughly the width of your little finger.

Fish Number	Estimated Size	Actual Size	Difference
1			
2			
3			
4			

Measuring Fish



Most fish have a minimum legal size which means that you can only keep fish that are at least the following sizes. Every type of fish has its own minimum legal size. Look at the following sizes and then, using a ruler, find something in the building that is the same size.

FISH	MINIMUM SIZE	OBJECT
Cod	35cm	
Herring	20cm	
Bass	36cm	
Haddock	30cm	
Sardine	11cm	

Measuring Shellfish - cm and mm

To measure an oyster, you measure it at its widest point.

The legal market size of an oyster is 60mm. Can you guess which oyster is 60mm?

Estimate the size of these oysters in millimetres, then measure them using a ruler.



Estimate: _____mm

Actual: _____mm



Estimate: _____mm

Actual: _____mm



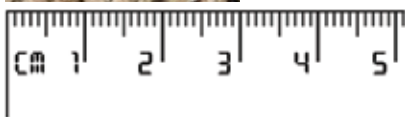
Estimate: _____mm

Actual: _____mm

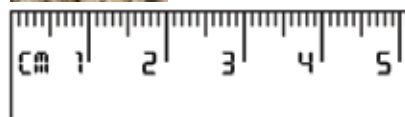
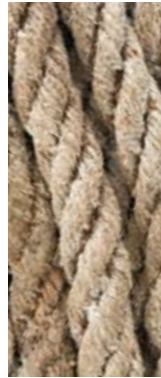
Measuring - cm and mm

Write down the width of the ropes in millimetres (mm)

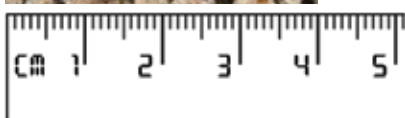
*Remember- there is 10 millimetres in a centimetre (cm)



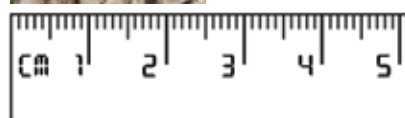
_____mm



_____mm



_____mm



_____mm

Section 8

Further Practice



Finding Words in Words

Find two smaller words in each of these bigger words:

ladder

_____lad_____

_____add_____

mending

learn

train

behave

information

message

shallow

First Letter Sounds

Add a different letter each time to make a different word:

n	+	et	=	net
	+	et	=	
	+	et	=	
	+	et	=	

Try a few more:

c	+	at	=	cat
	+	at	=	
	+	at	=	
	+	at	=	

g	+	ot	=	got
	+	ot	=	
	+	ot	=	
	+	ot	=	

Blends - 'sh'

Fill the gaps with the letters 'sh' and then read the word:

fi_____

_____ip

di_____

_____ell

cra_____

_____ut

wi_____

_____op

ca_____

_____eep

pu_____

_____ed

ma_____

_____oot

Words ending in 'ould'

When you read a word ending in 'ould' the 'l' is silent:

for example; 'could'

Add letters to 'ould' to make these words, then write one sentence of your own for each word.

would

should

could

w + ould = _____

sh + ould = _____

c + ould = _____

would _____

should _____

could _____

Word Building

Join the words to make new words. The first one is done for you:

light	jacket
may	house
post	day
over	cast
life	board
fore	card

Word Building

Join the words to make new words. The first one is done for you:

work	board
for	fish
out	place
gran	got
jelly	way
lee	dad

Breaking Up Words

Breaking up a word helps us to remember how to spell it:

computer com/ put / er

Fill in the missing letters:

_ _ _ puter

com _ _ _ er

comput _ _

Break up these words:

technology _____ + _____ + _____

forecast _____ + _____

industry _____ + _____ + _____

Words Ending in 'tion'

When you see a word that ends in 'tion', the sound it makes is 'shun', for example:

Information

Add 'tion' to the end of these words and write out the full words beside them:

men_____

caut_____

sta_____

direc_____

act_____

naviga_____

Alphabetical Order

a	b	c	d	e	f	g	h	i	j	k	l	m
n	o	p	q	r	s	t	u	v	w	x	y	z

Put these words in alphabetical order:

1. vessel _____
2. bridge _____
3. island _____
4. crew _____
5. pier _____

**In the dictionary, words are in alphabetical order.
Look up these words and write down their meanings:**

Convene: _____

Infuriate: _____

Haphazard: _____

Homophones

Some words sound the same but are spelled differently and have different meanings.

For example: **write and right**

write means to form letters or words with a pen or pencil, for example:

Every day I **write** in my diary.

I will **write** a note to the teacher.

I like to **write** letters.

It is good to **write** lists.

right can mean 'correct' or the opposite of left, for example :

The starboard side is on the **right**.

Take the **right** turn at the traffic lights.

I gave the **right** answer in the quiz.

The man was **right** to wear his lifejacket.

Homophones

Put either 'write' or 'right' in each sentence:

- I _____ a letter to my family every week.
- Take the first road on the _____ .
- Will I _____ you a cheque.
- Is that the _____ or wrong way?
- _____ your name in block capitals.
- The blue car turned _____.
- I _____ with my _____ hand.
- Do you think it is _____ to drink alcohol while fishing?

Using 'of' or 'off'

The words '**of**' and '**off**' sound similar but have different meanings. When we say '**of**' it sounds like 'ov' and examples are:

The pot was full **of** shrimp.

The currach was the colour **of** tar.

The word '**off**' sounds like it is spelt, for example:

Get **off** the boat!

Do not take **off** your lifejacket.

Write your own sentences using 'of' and 'off':

of _____

off _____

Using 'of' or 'off'

- Pass me that box _____ bait.
- Christmas Day is on the 25th _____ December.
- John fell _____ the boat.
- The boy was afraid _____ the dog.
- This milk has gone _____.
- Turn the engine _____ before we drop the anchor.
- The man took the fish _____ the hook.
- Who set _____ the flare?
- Mary drank a cup _____ coffee.
- You cannot take _____ your lifejacket on board.

Homophones

Some words sound the same but are spelled differently and have different meanings,

For example: no and know

Put 'no' or 'know' in the following sentences

There was **no** bait on the hook.

I don't **know** how to use the radio.

- Do you _____ this man?
- The sign said _____ entry.
- The men _____ how to use the radio.
- Jim caught _____ fish today.

Homophones

Too, to and two sound the same but have different meanings and different spellings.

To is used when moving towards something,
for example: I am going **to** Cobh today.

To is also used with action words,
for example: I need **to** mend the nets.

Too means 'also', for example:

Mary harvests seaweed and winkles **too**.

Too can mean 'more than enough',
For example, It was **too** stormy to go fishing.

Two means the number 2, for example:

Brendan caught **two** monkfish today.

Write new sentences using the words **too**, **to** and **two**:

to _____

too _____

two _____

Using 'to', 'too' or 'two'

Fill in the gaps using 'to', 'too' or 'two':

- I am going _____ the pier.
- We will go fishing at _____ o'clock today.
- I am _____ busy _____ watch T.V.
- The wind was _____ strong _____ go fishing.
- Sam put down _____ lobster pots.
- Is this the road _____ Skerries?

Word Building

I	N	F	O	R	M	A	T	I	O	N
---	---	---	---	---	---	---	---	---	---	---

How many words can you make using the letters in the word INFORMATION?

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Using 'there', 'their' or 'they're'

there means 'in that place'. It also shows that something exists.	for example: Put that over there . there is a bird in the tree.
their means 'belonging to them'.	for example: That is their house.
they're is short for 'they are'.	for example: they're both at home today.

Write new sentences using the words '**there**', '**their**' and '**they're**':

There _____

Their _____

They're _____

Using 'there', 'their' or 'they're'

Fill in the gaps with 'there', 'their' or 'they're':

- Jack and Seán went home for _____ dinner.
- _____ is a trawler over _____.
- Wait _____ while I turn the boat.
- _____ is no bait left.
- _____ gone fishing in Cobh.
- _____ is no place like home.
- I told him to leave the reel _____.
- The men were on _____ boat.
- Did they find _____ lost engine?
- _____ in the big box.
- _____ was a bad storm last week
- He said _____ not in the car.

Spelling Numbers

Write the number beside the word:

Six _____

Ten _____

Five _____

One _____

Three _____

Nine _____

Four _____

Eight _____

Two _____

Seven _____

Spelling Numbers

six	three	five	ten	seven
nine	one	eight	four	two

Write the word beside the number:

10 _____

6 _____

4 _____

9 _____

2 _____

7 _____

3 _____

1 _____

8 _____

5 _____

Capital Letters

Capital letters are used for:

- the start of a sentence
- writing about yourself as 'I'- **I** am tired today.
- names of people and places- **M**ary is from **G**alway.
- names of books, movies, songs, shops, etc.- I bought the DVD of "**T**rawling **T**imes" in **M**urphy's shop.
- days and months- The show is on **M**onday the 28th of **M**arch.

These sentences have capital letters left out.

Write the sentences putting the capital letters in the right place:

i went fishing in kerry last monday.

in may, jim read a book called the big catch by larry deely

Sentences

All sentences start with a capital letter and end with a full stop. Put the full stop and capital letters in the right places to make two sentences:

it was stormy yesterday it was not safe to go fishing

fran got a new boat the boat needs a lot of work

tom measured the shellfish all the shellfish were bigger than 60mm

Sentences

All sentences start with a capital letter and end with a full stop.

Write out this story, putting in the capital letters and full stops:

dan lives in cork with his son tim on friday morning
they went out fishing it was a lovely july day and tim
was singing a song called sunshine they did not catch
any fish dan said it was tim's singing that drove the fish
away

Proof Reading

It is very important to read over your writing to make sure that your spelling is correct. Read the piece below and spot the 10 spelling mistakes:

I had a very bisy day today. My trailer had a flat tyr so I had too borrow won form my brother. When I went to his hous to get the other trailer, he already had a boat on it. We had to take the boat of and put it up on blocks. When I started to toe the trailer away, I herd a noise and I lucked at the trailer- it had a flat tyre too!

Re-write the piece with all the correct spellings:

Wordsearch

R	F	L	A	R	E	K	B	V	P
O	D	T	N	O	P	J	C	O	D
P	I	R	C	E	R	M	R	I	O
E	N	O	H	Y	A	R	A	D	S
D	G	U	O	L	W	O	B	A	F
E	H	T	R	S	N	P	I	R	L
C	Y	T	R	A	W	L	E	R	A
K	Z	L	O	B	S	T	E	R	G

FLARE

COD

DINGHY

ROPE

CRAB

DECK

TROUT

RAY

RADIO

PRAWN

ANCHOR

LOBSTER

FLAG

TRAWLER

ROE

If you need help with reading, writing, spelling or numeracy contact your
local Vocational Education Committee or call 1800 20 20 65

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