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## Wise Old Proverbs

A proverb is a wise old saying that gives us advice and words of wisdom. Most of these sayings are hundreds of years old and have been passed on from generation to generation.

### “When the going gets tough the tough get going”

When times get tough then this is when we need to become strong and work harder. When we are faced with life’s challenges we need to find our inner strength to help us to dig deep and overcome them.

### “Two wrongs don’t make a right”

If someone does something bad to you there is no point in doing something bad to them in return. It will not help the situation and probably won’t even make you feel any better.

### “A journey of a thousand miles starts with a single step”

No matter how big the task ahead of you is, you can only succeed if you attempt it and then take it one step at a time. This very old Chinese proverb teaches us that we need to break down



every big task in life into smaller steps if we want to reach our goals.

### “Never judge a book by its cover”

Just as we would never judge a book by just looking at the cover and not reading it, we should also never judge another person by what they wear or what they look like without getting to know them first.

### “A stitch in time saves nine”

It is always a good idea to put a stitch in a hole on your clothes to repair it before the hole gets bigger.

Also, it is important to sort out a problem as soon as you can because the longer you leave it the bigger the problem might get.

### “Too many cooks spoil the broth”

This proverb dates back to 1575 and tells us that if many cooks all add their own ingredients to a dish it will not taste good. So, if too many people are planning the same event all wanting to use their own ideas, the result may not turn out well. Sometimes it is better to have a small number of people working well together than a large number who do not agree.

### “Always put your best foot forward”

This saying which dates back to 1875 advises us in whatever we are doing to always give it our best shot and even if we fail at least we know we tried our best.

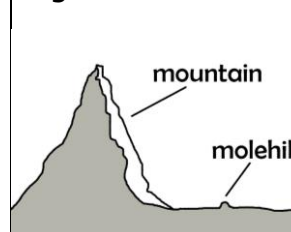
### “Laughter is the best Medicine”

This proverb is hundreds of years old and tells us the importance of laughter to our health. Today’s research tells us that laughing reduces stress, helps us relax and helps us to have a positive outlook on life which is good for a person’s mind and body.



### “Never make a mountain out of a molehill”

A molehill is a tiny little mound of earth made by a small animal and could never be compared to a large mountain. This saying which dates back to the 15<sup>th</sup> century advises us to never make a big deal out of something small. Life can be less



stressful if we do not over think things and stop making problems where there are none.

Words ending in ic

attic (att ic)	fantastic (fan tas tic)	garlic (gar lic)	public (pub lic)	panic (pan ic)
electric (el ec tric)	mechanic (mech an ic)	comic (com ic)	music (mus ic)	picnic (pic nic)
clinic (clin ic)	athletic (ath let ic)	magic (mag ic)	traffic (traff ic)	plastic (plas tic)

**Fill in the blanks with words from the list**

- I will go to see the doctor at the \_\_\_\_\_.
- I like to eat \_\_\_\_\_ bread with my pizza.
- I was delayed because there was a lot of \_\_\_\_\_ on the road.
- The \_\_\_\_\_ said my car was in need of repair.
- I love to listen to \_\_\_\_\_ when I am relaxing.
- If tomorrow is nice we can bring a \_\_\_\_\_ to the park.
- She plays a lot of sport and is very \_\_\_\_\_.
- Will you plug in the \_\_\_\_\_ kettle please?
- We have to pay for \_\_\_\_\_ bags in shops.
- That's \_\_\_\_\_ news, I'm delighted for you.
- It disappeared suddenly, just like \_\_\_\_\_!
- The \_\_\_\_\_ told a lot of jokes on stage.

Add one of the following

**ment, able or ture**

to each of these words  
(the first one is done for you)

entertain      entertainment

comfort      \_\_\_\_\_

apart      \_\_\_\_\_

understand      \_\_\_\_\_

pic      \_\_\_\_\_

furni      \_\_\_\_\_

govern      \_\_\_\_\_

adven      \_\_\_\_\_

arrange      \_\_\_\_\_

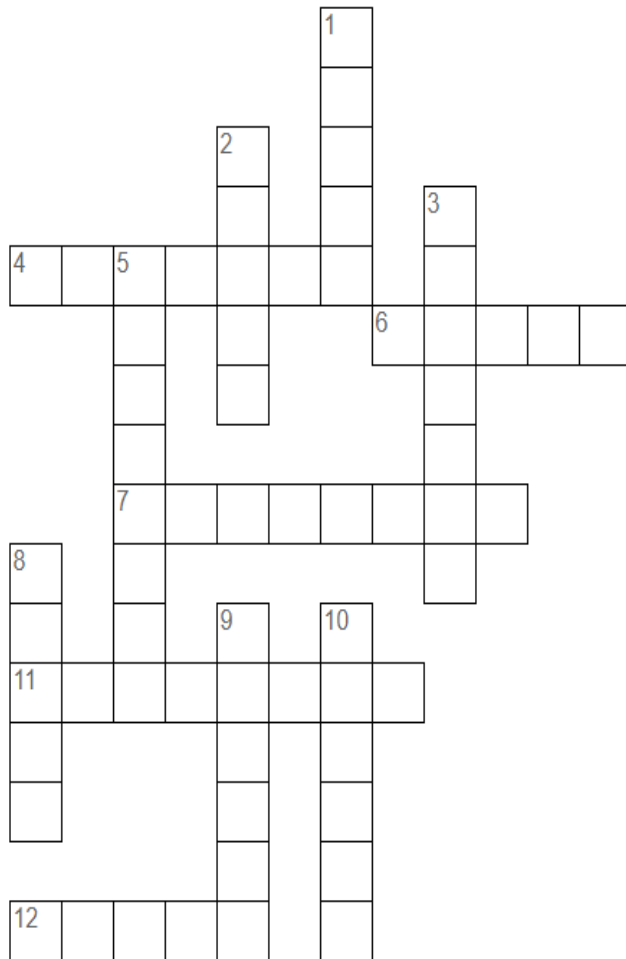
believ      \_\_\_\_\_

suit      \_\_\_\_\_

fix      \_\_\_\_\_

## Crossword

The answers to the clues are all from the word list of words ending in **ic**.



## Across

4. Many things are made from this material (7)
6. The opposite to staying calm (5)
7. Type of guitar played by Jimmy Hendrix  
Something that has to be plugged in is this (8)
11. This person will fix your car (8)
12. We like to sing along with this (5)

## Down

1. Doing tricks (5)
2. A little room at the very top of the house (5)
3. A lot of cars and lorries (7)
5. Sporty (8)
8. Being funny (5)
9. A strong smelling vegetable (6)
10. An outdoor meal (6)

## Break down these words into parts/syllables (the first one is done for you)

description    des    crip    tion                      application    \_\_\_\_\_

achievement    \_\_\_\_\_                      department    \_\_\_\_\_

experience    \_\_\_\_\_                      confidence    \_\_\_\_\_

delightful    \_\_\_\_\_                      unsightly    \_\_\_\_\_

## Numbers quiz

1. How many weeks in a year? \_\_\_\_\_
2. What is  $\frac{1}{4}$  of 72? \_\_\_\_\_
3. How many colours in the rainbow? \_\_\_\_\_
4. How many players in a hurling team?  
\_\_\_\_\_
5. How many players in a soccer team? \_\_\_\_\_
6. How many goals in a hat trick? \_\_\_\_\_
7. How many in 2 dozen? \_\_\_\_\_
8. What is  $\frac{1}{2}$  a dozen? \_\_\_\_\_
9. How many minutes in  $\frac{3}{4}$  of an hour?)  
\_\_\_\_\_
10. How many hours in 180 minutes? \_\_\_\_\_
11. How long is a president's term in Ireland? \_\_\_\_\_
12. From what age can you vote in Ireland? \_\_\_\_\_
13. At what age are you allowed drive a car in Ireland? \_\_\_\_\_
14. How much does it cost to post a letter in Ireland? \_\_\_\_\_
15. How much is a TV licence? \_\_\_\_\_
16. How much is a dog licence? \_\_\_\_\_

## Find these sports that are all hidden in the word search.

soccer    hurling    basket ball  
tennis    golf    rowing    rugby  
boxing    running    long jump

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j v p a l s y t e u  
d f x b o x i n g m  
y r u n n i n g z t  
r u f m q o o r t u  
c g r u v l e v x t  
b b y b f c o j l x  
a y s x c i c m y m  
s p l o n g j u m p  
k m s g o h n q u l  
e h r n i q f f e o  
t g o i h h r n b k  
b b w l s h g u v h  
a j i r e n o g n j  
l s n u s i n n e t  
l u g h i j q v c x
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## Answers to the quiz

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1) 52    2) 18    3) 7    4) 15    5) 11  
6) 3    7) 24    8) 6    9) 45  
10) 3    11) 7    12) 18    13) 17  
14) €1.10    15) €1.60    16) €20
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