

# Boxing terms



## Bout

A boxing match

## Count

Counting up to ten seconds by the referee when a boxer is down on the canvas, after which a win to his opponent by a knockout is declared

## Featherweight

A weight in boxing between bantamweight and lightweight. In the amateur boxing scale, the weight is up to 57 kilos (more than 54kg but less than or equal to 57kg)

## Feint

A pretend blow or movement

## Knockout

A blow that renders the opponent unconscious or incapable of recovering before the end of the count

## Punch

To strike with the fist

## Ring

The roped rectangular area on a raised platform in which a match takes place

## Round

A timed section of a boxing match

## **Southpaw**

A boxer that leads with his left hand

## **Spar**

To practice fighting with someone

## **Swing**

Swing is a punch made with a sweep of the arm

## **Weigh-in**

To be weighed as a boxer before a match