That's Interesting!



A worksheet for adults to practise reading, writing, spelling and numbers

Saint Brigid's Day

On the first Monday in February this year, the government gave us a new bank holiday in honour of Saint Brigid. Although 1 February was always known as Saint Brigid's Day or "Lá le Bride" in Irish, it was not a bank holiday.

Brigid lived in Ireland around the same time as Saint Patrick, but was never really seen as being as important as Patrick. However, from the many legends we have heard it seems she was a holy woman of great kindness who was not afraid to stand up to the powerful kings and land owners who ruled Ireland at that time.

Brigid, which can also be spelled as Bridget or Brid, was born around the year 450 near Dundalk in Co. Louth. Her father was a rich land owner. As a child, Brigid was known to give away food and other belongings to the poor around where she lived. Her father was furious and sold her as a slave to the king of Leinster.

However, her beauty and kindness won the heart of the king. The king was a pagan and did not believe in God. Brigid taught him about the Christian faith. She made a cross from rushes that were growing in a nearby field. This cross became known as St Brigid's Cross and here in Ireland, people still make them today to place in their homes.



Brigid asked the king of Leinster for some of his land in Kildare on which to build a church. Legend has it that he said that she could have as much land as her cloak would cover. Thinking that her small cloak would only allow her a few feet, a miracle happened. When she spread her cloak out it covered many, many acres of land, which then had to be given to her.

She set up a monastery here for women and men. They taught religion, gave food and shelter to the poor and even set up a school. This is why she became known as "Brigid of Kildare." It is said that Brigid performed many miracles. She cured people of sickness and disease and some believe that she was able to turn water into beer. The cathedral in Kildare stands today on the land where she set up her monastery. She went on to set up other small monasteries around the country.

The bishop of Leinster, who was called Mel, is said to have made Brigid a bishop, which makes her the first female bishop in history. Legend tells us that instead of saying the prayers over Brigid to make her a nun, he was inspired by God to say the prayer to make her a bishop. Others believe it may have been Saint Patrick who gave her the title of bishop.

Brigid died around the year 525, at age 75. She was buried in Downpatrick in Co Down beside the graves of St Patrick and St Columcille. However, in the 1100's, her skull was taken by three Irish soldiers when they went to fight in Portugal. It is not known why but it is believed that they thought it would protect them. So, the skull of Saint Brigid is buried in a small church outside of Lisbon in Portugal.

Christmas Competition winners

The winners of the €25 Book Voucher in our Christmas Competition are Brid from Kilkenny and Colum from Wicklow Well done!

A big thank you to everyone who entered.





(The questions are all about people and places in Ireland.)

- There is only one county in Ireland that begins with the letter S.
 Can you name it? _____
- 2. The word "Taoiseach" is the Irish word for a leader. Can you name the current Taoiseach?

3. Name the lead singer in the Irish band U2?

4. What is the national symbol of Ireland that appears on the back of all Irish coins?

5. In what county would you find Killarney?

6. In what county would you find Tramore?

7. On what date do we celebrate St. Patrick's Day?

8. Name the current US president whose ancestors came from Mayo?

9. What are the 3 colours on the Irish flag? _____ ____

10. What green plant do we associate with Saint Patrick's Day?

11. What is the longest river in Ireland?

12. In what county would you find Knock airport?

13. What is the name of the Friday chat show on RTÉ, running since the 1960's?

14. Name the woman who is the leader of the Sinn Fein party.

15. In what sports stadium do the All-Ireland Finals take place every year?

The answers are on the last page.

Past tense verbs



A verb is an **action word**.

When we want to use an action word in the past tense we usually add the letters **ed** to the verb.

Example:I walk five km everyday.I walked 3 km yesterday.I work 5 days a week.Last week, I worked 3 days.

However, for some action words we **do not use ed**. Instead the word changes completely when we use them in the past tense.

Here are some examples:

•	think/thought	I think about you very often. / I thought about Amy yesterday.
•	buy/bought	I buy a newspaper every morning. / I bought a book last week.
•	bring/brought	I bring sandwiches to work most days. / I brought a salad last week.
•	drive/drove	I drive to work one day a week. / I drove to work all last week.
•	fly/flew	I fly to Spain every July. / I flew to France last year.
•	drink/drank	I drink a lot of water everyday. I drank milk for breakfast.
•	hear/heard	I hear the birds singing every morning. / I heard the Cuckoo.
•	know/knew	I know how to do that. / I knew him years ago.
•	find/found	I find it very cold in winter. / I found my missing dog.
•	take/took	I take a little nap every evening. / I took a holiday last month.
•	break/broke	Will you break that into small pieces?. / I broke my glasses yesterday.
•	lose/lost	It is not nice to lose something. I lost my small bag.
•	build/built	I build stone walls. / I built a new room last year.
•	pay/paid	I pay my bills every month. / I paid my car tax last month.
•	grow/grew	I grow tomatoes every year. / I grew peppers last year.
•	Understand/unders	tood I understand what you are saying. / I understood that
		story.
4		



Place the **correct past tense action word** in each sentence.

(The first one is done for you.)

1.	I <u>bought</u> a new pair of runners. (buy)	
2.	Ι	_ I had more money left. (think)
3.	I was very full after I _	too much coffee. (drink)
4.	Ι	_ my own lunch with me to the park. (bring)
5.	۱	_ my electricity bill yesterday. (pay).
6.	I	_ a €10 note on the footpath. (find)
7.	My son	his own house. (build).
8.	۱	_ the baby crying last night. (hear).
9.	Не	the window when he kicked the ball at it. (break)
10.	۱	_ she was the right person for the job. (know).
11.	She	all her money out of the bank. (take).
12.	Не	a journey of 120km. (drive)
13.	We	to Portugal for a holiday last month. (fly).
14.	Tom	weight when he started walking. (lose)
15.	Ι	everything I was asked to do. (understand).
16.	Mary	lettuce and tomatoes in her garden last year. (grow).



Answer to the Saint Patrick's Day Quiz on page 3

1.Sligo.2. Leo Varadkar. 3. Bono. 4. Harp. 5 Kerry. 6. Waterford. 7. March17. 8. Joe Biden. 9. green/white/ orange. 10. Shamrock. 11. River Shannon. 12. Mayo. 13 Late Late Show. 14. Mary Lou Mac Donald. 15.

Further help is available

If you need help with these worksheets, or with reading, writing, maths or digital skills, you can contact NALA.



Call us on Freephone **1 800 20 20 65** or text **LEARN** to **50050**

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Croke Park, Dublin

You can study online on our Learn with NALA website **www.learnwithnala.ie** or with a tutor over the phone or we can give details of your local centre.

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